

Helping Students Succeed

Elementary school counseling programs attempt to help each child get the most out of school each day.

School Counselors work in partnership with the school staff, parents, and the community to help students have a more positive and successful school experience. The primary focus of the school counseling and guidance program at the elementary level is **prevention**. School Counselors work with ALL students and our goal is to help empower students with self-knowledge, positive interpersonal skills, and coping strategies for the issues that elementary children typically face.

It is my hope that parents and students feel free to use the Stiles Point Counseling services. I look forward to working with you.



The mission of the school counseling program at Stiles Point Elementary School is to encourage each student to grow and thrive in academic, personal/ social and career development. A comprehensive guidance program, that is aligned with the SC state guidance standards as well as American School Counselor Association standards is used to address student needs through proactive and positive services and responses. The school counselor will facilitate a variety of these services so all students have access to the tools that will enable them to become responsible citizens who can successfully manage future challenges with self-confidence. The counselor works with all staff members, students, and parents to foster the supportive and caring learning community that is Stiles Point Elementary.


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Stiles Point

School Counseling

Mrs. Carol Sanders

(843)762-2767



Counseling at Stiles Point

Students:

I am here to help you with:

- Working out Friendship problems
- Getting along with others
- Setting Goals
- Feeling Good about Yourself
- Learning how to resolve conflicts.
- Learning how to make good decisions
- Managing you feelings (stress, worry, anger)
- Dealing with Peer Pressure
- Dealing with Bullying
- Learning to Manage your time and how to study effectively



Parents:

I am available to assist you as well and can help you:

- Navigate the developmental changes of childhood
- Understand the social and emotional needs of your child
- Explore ways to help your child succeed.
- Improve parent-child communication
- Referrals for community resources if necessary



In addition, if you feel your child has a medical diagnosis that interferes with learning and would require a **504** plan/special classroom accommodations, please get in touch with me.

Services provided:

Weekly Classroom Guidance lessons in grades 4 and 5

Classroom Guidance lessons on rotating schedule in grades 1-3

Group Counseling (grief, divorce, anger management, social skills, anxiety/stress management and study skills)

Brief Solution Focused Counseling

Parent Consultations

Support for individuals and families during times of crisis

Consultation with teachers, staff and parents regarding special concerns

Community Service Project coordination

School wide prevention programs including career awareness and character education as well as health and wellness and bullying

Please note: school counselors do not provide "thereapy" or traditional long term counseling. Referrals for outside services are available for children experiencing family separation, grief, or mental health concerns.